Table 4: WHO Trial Registration Data Set

Data category	Information
Primary registry and trial	ClinicalTrials.gov NCT01955538
identifying number	
Date of registration in primary	18 September 2013
registry	
Secondary identifying numbers	H-3-2013-080, PTF4
Source(s) of monetary or	TrygFonden, Denmark.
material support	
Primary sponsor	Jessica Carlsson, Competence Centre for
	Transcultural Psychiatry, Mental Health
	Services in the Capital Region, Denmark.
Secondary sponsor(s)	
Contact for public queries	MN, MD, maja.nordbrandt@regionh.dk, +45
	20158373
Contact for scientific queries	MN, MD, Competence Centre for
	Transcultural Psychiatry, Mental Health
	Services in the Capital Region, Denmark.
Public title	Treatment of traumatised refugees: the
	effect of Basic Body Awareness Therapy
	versus mixed physical activity as add-on
	treatment. A randomised controlled trial.
Scientific title	Treatment of traumatised refugees: the
	effect of Basic Body Awareness Therapy
	versus mixed physical activity as add-on
	treatment. A randomised controlled trial.
Countries of recruitment	Denmark
Health condition(s) or	Post Traumatic Stress Disorders, Depression
problem(s) studied	and Chronic pain
Intervention(s)	Active comparators: Treatment as usual
	(control group).
	Experimental: Basic Body Awareness
	Therapy as add on treatment to Treatment
	as usual.
	Experimental: Mixed Physical Activity as add
	on treatment to Treatment as usual.
Key inclusion and exclusion	Inclusion critiria: Patients must be referred
criteria	to treatment for PTSD at CTP from
	September 2013 to September 2015; age 18
	or older; must be refugees or persons who
	have been family reunified with a refugee;
	have PTSD according to the ICD-10 research
	criteria; psychological trauma in the

	anamnesis; assessed by a doctor to be motivated for treatment; provide written informed consent. Exclusion critiria: severe psychotic disorder (defined as patients with an ICD-10 diagnosis F2x and F30.1-F30.9); are current abusers of drugs or alcohol (F1x.24-F1x.26); have physical handicaps that unable participation in the physical activities; have cardiac arrhythmia identified on the electrocardiogram taken before start of the treatment or symptoms of heart problems that are unclarified.
Study type	Interventional Allocation: randomized Intervention model: parallel assignment Masking: not blinded apart from one secondary outcome (HAM-A+B) Primary purpose: treatment
Date of first enrolment	September 2013
Target sample size	310
Recruitment status	Recruiting
Primary outcome(s)	Change in Harvard Trauma Questionnaire (HTQ)
Key secondary outcomes	Change in Hopkins Symptom Check List (HSCL-25) Change in Hamilton depression + anxiety (HAM D+A) Change in World Health Organisation-5 (WHO5) Change in Sheehan Disability Scale Change in Visual Analogue Scale (VAS) Change in Brief Pain Inventory Short Form (BPI) Change in Multidimensional Assessment of Interoceptive Awareness (MAIA) Change in Global assessment of function (GAF)